A six-week education series for teens and parents experiencing difficulties because of their inability to manage their anger.

PEACEFUL ALTERNATIVES TO TOUGH SITUATIONS (PATTS) Thursday, January 5 - February 9, 2017

Program is held at:

CARE of Southeastern Michigan 31900 Utica Road Fraser, MI 48026

Cost: \$5.00 per youth FREE workbook provided at 1st class

Ages: 9-11, 12-14 & 15-18 Years Parent component runs at the same time.

(586)541-2273 www.careofsem.com

This program will help students deal with their emotions in appropriate ways by understanding their own resources and developing their own plan of action with skills that really work!





Time: 6:00 pm - 8:00 pm

CARE of Southeastern Michigan is dedicated to the prevention of alcohol, tobacco, and other drug use. Federal, state, and local funding have been provided through Macomb County Community Mental Health/Office of Substance Abuse to support project costs. Recipients of substance use services have rights protected by state and federal law promulgated rules. For information, contact CARE of Southeastern Michigan Recipient Rights Advisor, 31900 Utica Road, Fraser, MI. 48026, PH:(586) 541-2273 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan